



# Basic Aesthetic Medicine Course 2026

Foundations of Modern  
Aesthetic Practice



Recommended For



Physicians



Dentists



Nurses  
(according to local regulations)



Beginners entering  
aesthetic medicine



Certification:  
British Academy for Continuing Medical  
Education (BACME) Accreditation



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# Beginner Neuromodulators (Botulinum Toxin) Upper Face Botox

- Forehead lines
- Glabellar complex (frown lines)
- Crow's feet
- Basic brow shaping
- Patient assessment & facial animation analysis
- Injection points & dosage fundamentals
- Prevention of common complications



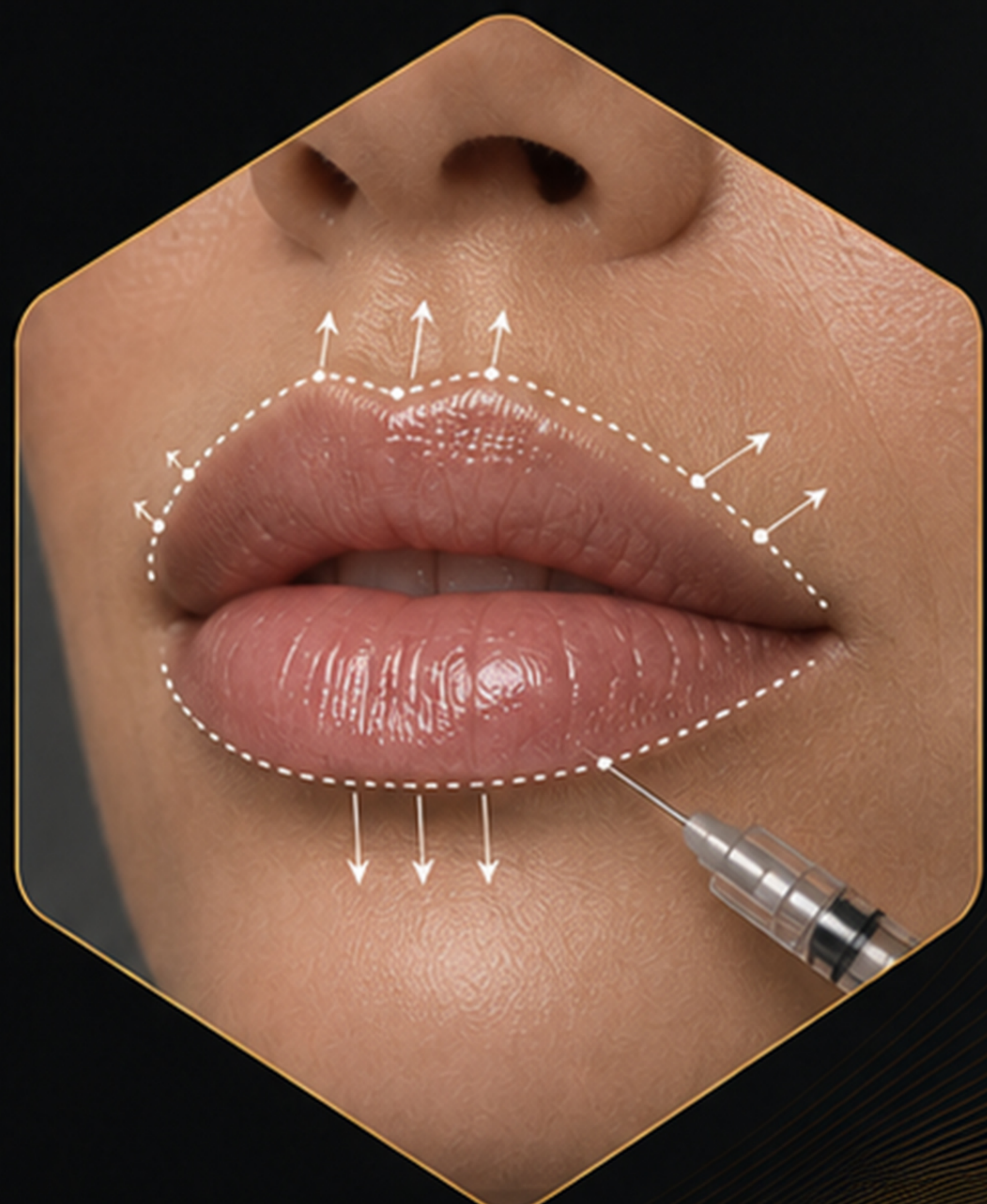
## 2026 Updates

- Natural movement preservation
- Male vs female treatment patterns
- Introduction to full-face balancing
- Safer injection planning with anatomy-focused approach



# Beginner Dermal Fillers Lips Enhancement

- Lip anatomy fundamentals
- Russian lips vs natural lips
- Lip hydration vs volumization
- Contour and definition techniques
- Cannula vs needle basics
- Vascular occlusion prevention



# Beginner Dermal Fillers

## Cheeks & Nasolabial Folds

- Facial aging assessment
- Midface support concepts
- Product selection fundamentals
- Deep vs superficial injection planes
- Cheek projection basics
- Introduction to MD Codes
- Facial proportions & harmony



### 2026 Updates

- Natural-looking beautification
- Avoiding overfilled appearance
- Structural approach to facial support
- Safer injection layering concepts



# Essential Safety & Anatomy

- Facial anatomy fundamentals
- Hygiene & aseptic techniques
- Consent forms & medical documentation
- Before & aftercare protocols
- Early recognition of complications
- Introduction to vascular danger zones



## Introduction to Ultrasound in Aesthetics

- Basics of facial ultrasound
- Understanding facial layers
- Identifying vessels and filler pockets
- Importance of ultrasound in modern aesthetics



## Hands-On Work with Moulage

- Live demonstrations
- Supervised injections on models
- Facial assessment practice
- Photography & documentation basics

